

jule  
BEAUTY & SPA



## Welcome to Jule Beauty & Spa

We have a passion for Beauty & Wellbeing and would love to share this with you. We have dedicated ourselves to bring you the most advanced treatments and we pride ourselves on being able to offer you Specialist Therapists who are the most highly trained in the industry.

Allow us to offer you our personalised service and enjoy the benefits of superior brands and treatments in a sophisticated setting.

## Contents

Waxing & Threading
Brow Lounge
Embrowdery by Jule
Lash Boutique
Pedicure Lounge
Nail Bar
Inch Loss
Make-up Studio
Tan
Male Grooming & Therapy
Male Waxing
Laser Hair Removal
Facials
Skin Clinic
Massage
Spa Packages

## Waxing & Threading

Please note that all clients must have a patch test 48 hours before waxing. If it is more than 6 months since your last waxing with us you will require a new patch test. This policy is for your own protection, please do not ask our therapists to compromise on company policy.

<b>Eyebrow, Lip, Chin</b> ( Wax or Thread)	€13
<b>Combo all 3</b>	€32
<b>Under Arm</b>	€14
<b>Half Leg</b>	€24
<b>Full Leg</b>	€35
<b>Standard Bikini</b>	€22
<b>Extended Bikini</b> (Tight Triangle)	€25

### **Specialised Waxing** (Lycon Hot Wax)

<b>Californian</b> (Tight Triangle and Undemeath)	€35
<b>Brazilian</b> (Landing Strip)	€45
<b>Hollywood</b> (All Gone)	€45



## Brow Lounge

Please note that all clients must have a patch test 48 hours before tinting. If it is more than 6 months since your last tint with us you will require a new patch test. This policy is for your own protection, please do not ask our therapists to compromise on company policy.

<b>Eyebrow Tidy</b> (Wax or Thread)	€13
<b>Eyebrow Tint</b>	€14
<b>Eyelash Tint</b>	€16
<b>Eyelash Tint &amp; Eyebrow Tint</b>	€25
<b>Eyebrow Shape &amp; Tint</b>	€26
<b>Eyebrow Shape, Lash &amp; Brow Tint</b>	€38

<b>HD Brows</b> (7 steps: Tint, design, wax, thread, tweeze, trim and fill in with strong definition)	€40
--	-----



## Embrowderly by Jule

Your desired look is difficult to achieve if your brows are naturally sparse and lack definition. Sometimes this happens as we grow older; sometimes it is simply in the genes.

Embrowderly™ (not to be confused with microblading) is a method whereby fine strokes are penetrated into the skin for a hair-like finish. The appearance is completely natural and blends with or without hair along the brow bone. It lasts for up to two years and is the perfect hassle-free way to keep your brows manicured and shaped.

We offer this service via Specially Trained Therapists. Initial consultation is free, you need to allow two and a half hours for your first treatment and this must be pre-paid. Whilst our normal policy requires 24hrs notice for cancellation, our Embrowderly service is heavily booked weeks in advance and we have to have 48hrs notice for cancellation or prepayment is lost.

Feather touch semi permanent lasting brows

<b>1st Pass</b>	€300
<b>2nd pass</b>	€120
<b>3rd pass</b>	€80
<b>Embrowderly annual top up</b>	€80



Please note that all clients must have a patch test 48 hours before LVL Lashes or Mink Lashes. If it is more than 6 months since your last lashes treatment you will require a new patch test. This policy is for your own protection, please do not ask our therapists to compromise on company policy.

*For lash Extensions you will also be asked to sign off on 'comfort' before leaving the salon. (In a small number of cases lashes can cause irritation, if this happens they should be removed to prevent you from rubbing at the eyes and potentially causing infection)*

## Lash Boutique

We offer Occasional Lashes, LVL Lashes (length volume lift), Mink Lash extensions and for the ultimate effect Russian Volume Mink Lashes.

All our treatments are performed by Specialist Lash Therapists trained in Jule Academy. Occasional Lashes are perfect for an upcoming event. LVL Lashes are a very natural way to achieve superior definition where lashes appear longer and fuller. The effect will last for 4-6 weeks. If you opt for lash extensions our trained specialists will advise you on the best option to achieve your desired look. We only use Mink lashes; they are weightless, soft to the touch and completely comfortable to wear. To maintain the full effect you will need to have the lashes refilled every 4-6 weeks.

Occasional Lashes (last 3-7 Days)		€30
LVL Lashes		€65
Mink Classic Lashes Semi Permanent (1 single lash to 1 natural lash)	New Set €85	Refills €65
Mink 2D, 3D Lashes Semi Permanent (2-3 lashes to 1 natural lash)	€95	€75
Mink 6D (Russian Volume) Semi Permanent (6 lashes to 1 natural lash)	€135	€100

## Pedicure Lounge

File, cuticle push back and Kiara Sky hi-gloss Polish	€18
File, cuticle push back and French Kiara Sky hi-gloss Polish	€20
30 Minute Pedicure (soak, cuticles, file, buff & colour)	€35
Medispa Callus Peel Pedicure	€55
Kiara Sky Gel Polish	€35
Pedicure with Kiara Sky Gel	€55

### Luxury Pedicures (1 hour)

All Luxury Pedicures are accompanied by  
Prosecco & Chocolates

*Thai foot soak, exfoliation, sole & heel buff,  
hot towel compress, heated booties, massage,  
cuticles, Kiara Sky polish colour or French.*

Honey & Almond Pedicure	€75
Coconut Milk Pedicure	€75
French Vanilla Pedicure	€75
Mum-to-Be Pedicure	€75

Thai foot soak, exfoliation, sole & heel buff, hot towel  
compress, heated booties, cuticles, Kiara Sky polish colour or  
French. Includes refreshing mint soak to reduce swelling and  
gentle foot and leg massage to ease discomfort.

## Nail Bar

We offer Kiara Sky hi-gloss polish, or for longer lasting nails  
Kiara Sky LED Gel polish. We also offer the very latest technology  
with Dip Powder from Kiara Sky. Dip powder is the newest  
form of Acrylic Nails, which unlike earlier formats makes nails  
stronger rather than weaker. No damage is caused to nails as  
the Dip Powder is soaked off rather than being filed off. The Dip  
Powder can be applied as an overlay or with nail extensions.

### Nails and Manicures

File cuticle push back and Kiara Sky hi-gloss Polish (Colour)	€17
File, cuticle push back and Kiara Sky hi-gloss Polish (French)	€20
Jule Signature Protein Manicure (Colour or French)	€35
Kiara Sky Gel Polish (Colour)*	€30
Kiara Sky Gel Polish (French)*	€35
Kiara Sky Gel Polish and manicure (Colour)**	€50
Kiara Sky Gel Polish and manicure (French)**	€55
Gel Polish removal add on (with reapplication)	€5
Gel Polish removal with protein application	€15
Kiara Sky Dip Powder Acrylics	€60
Kiara Sky Dip Powder Acrylics + tips	€65

\* removal not included \*\* no charge for removal



## Inch Loss

**Weight control: 50% diet, 20% exercise and 30% motivation.**

All treatments are based on Lypolysis (the breakdown of fat cells), so results are permanent fat loss not fluid.

**Minimi Wrap** €110  
(Drop a Dress Size)

**Lipomassage** €85  
(Malahide only)

**Bodysculpt** €85  
(Malahide only)





## Make-Up Studio & Tan

Have you a wedding or a special event to attend. Allow us to put the finishing touches to your new dress, new shoes and styled hair. Our in-house Make-Up artists specialise in giving you the look you want. Opt for full day or evening make-up, or if you prefer minimalist just go with eye make-up and lashes.

Cleanse and Make-up	€40
Eye Make-up & Lashes	€30
Personal Make-up Lesson	€65

### Tan

Full body Spray Tan	€27
Bronze Leaf (shades 8-10-12) full body	€35
Bronze Leaf (shades 8-10-12) half body	€20



## Male Grooming & Therapy

### Male Waxing

Back & Shoulders	€45
Chest Wax	€35
Eyebrow Tidy	€13
Gents Pedicure	€55
Swedish Back Massage	€45
Swedish Full-Body Massage	€80
Deep Tissue Back Massage	€55
Prescriptive 1 hour Sports Massage (pre booking essential)	€90

## Laser Hair Removal

We have been treating clients successfully for 10yrs and can recommend Lynton Laser Hair Removal System for its safety, minimised discomfort and superior effectiveness. We are so convinced by the results that we have put the same system into all of our salons. For your safety Laser treatments are only carried out by experienced therapists who have been certified in the Jule Academy and receive regular refresher training.

Book in for a free consultation and never have to reach for the razor again.

We have an easy payment plan which means that paying for your Laser Hair Removal Treatment can be spread over a 3-month period.

## Facials

Do you know how your skin reacts to stress, the elements, hormonal changes?

A facial helps clear pores; if something is wrong your therapist will tell you why; professional extractions are safe and won't distress the skin like pimple popping; at an instore beauty counter your skin is being assessed under fluorescent light... some things you just can't DIY!

Treat yourself and see the benefit.

### Dermalogica

**Dermalogica Pro 30 (25 mins)** €50  
Advanced technology from Dermalogica offers: Diagnosis, treatment, recovery, prevention. Book in now and start your journey to better, clearer younger looking skin.

**Dermalogica Pro 60 (55 mins)** €80  
A longer version of the Pro 30 involving double cleanse, extractions, exfoliation, customized masque and a luxurious facial massage.

**dermalogica**

## Facials

### Yonka

**Le Grande Classique (1 hour 10 mins)** €99  
This is one of the most elaborate, complete facials. It leaves you with cleansed, perfectly balanced skin and a radiant complexion. Customized and recommended for any age, it centres on Yon-Ka's exclusive deep cleansing regimen. In 5 successive steps carried out with the utmost care in the oxygenating atmosphere of the 5 Quintessence essential oils, the pure glow of the epidermis is revealed, one step at a time.

**Yonka Hydralessence (1 hour 10 mins)** €110  
Is your skin becoming rough and dull or being marked by fine lines? This high-performance treatment will quickly help to restore its balance, suppleness, and softness. This facial includes the powerful softening action of seaweed and fruit extracts; 2 refreshing masks, one including a massage with a fine aromatic mist; plus the application of a soft gel peel with citrus extracts on the hands, to hydrate and exfoliate simultaneously.

**Yonka Escale Beaute (25 mins)** €55  
The Escale Beaute facial was created as the ultimate mini treatment for those with busy schedules and beauty concerns. Whether you're dealing with clogged pores, dry patches or fine lines, your Yon-Ka aesthetician can address and treat your concerns in just half an hour.



## Facials

- Epionce Express Facial (25 mins)** €50  
Double cleanse (lotion, light steam and soft brush), purifying toner, enriched firming masque, application of Epionce Renewals eye/face and lip. Treatment concludes with Epionce SPF shield.
- Epionce Skin Calming Facial (55 mins)** €80  
Double cleanse (lotion, light steam and soft brush), double application of enriched firming masque incorporating skin calming frozen beauty globes also accompanied by effleurage massage. Soothing Epionce Renewal Eye treatment. Balancing toner application, and application of medical barrier cream to help heal skin's natural barrier. Treatment concludes with Epionce SPF shield.
- Epionce Prescriptive Facial (55 mins)** €80  
This facial is designed to target specific concerns: eg oily/problem skin will be treated with a pore purifying treatment; clients suffering from light to moderate irregular pigmentation/dark spots will be treated with a hyperpigmentation treatment. Discuss your concerns with your therapist and we will tailor your treatment accordingly.

## Skin Clinic

At Jule we pride ourselves on stocking the very best skincare products and offering the most advanced skin care treatments for anti-ageing concerns, pigmentation, acne, rosacea, sun damage or eczema.

Our skin care specialists attend regular intensive training in the Jule Academy delivered by Epionce and Dermalogica, ensuring that they always stay abreast of the latest technological innovations. Private consultations are free.

We specialise in **Medical Microdermabrasion**. This is suitable for all skin types and is a safe and effective way of exfoliating the skin without using any chemicals or lasers. This procedure stimulates new collagen and elastin production whilst improving fine lines and texture.

**Epionce Peels** have anti-bacterial and anti-inflammatory properties making them very suitable for even sensitive skin types. A series of gentle but effective peels will give long term results relieving congestion, dullness and delivering a clearer radiant complexion.

**IPL Rejuvenation** produces impressive results in eliminating the ageing effects of sun damage as well as reducing facial redness by using pulses of visible white light to the face. It can be used to treat pigmentation, sun spots, broken veins, rosacea and skin elasticity.

**Private consultations are free**  
(€15 charge for no show/late cancellation)

Jule was one of the first skin clinics in Ireland to offer **Microneedling**. This is an advanced non aggressive aesthetic treatment which targets pore size, fine lines, sun damage and acne scarring whilst boosting collagen levels. It creates pathways permitting the introduction of serums and growth factors into the deeper levels of the skin. This stimulates the skin to regenerate and repair itself naturally, creating smoother, brighter, healthier, younger-looking skin. You can expect your skin to look plumper, healthier and brighter within a few days with visible signs of rejuvenation and repair in 2-6 weeks.

DermaGenesis®  
Medical Microdermabrasion €99

Epionce Peels €99

IPL Treatment €110

Genosys Microneedling Pen €169

Dermafrac Microneedling with  
Growth Factor €199

Dermafrac Microneedling Collagen  
Boost Facial with Collagen Infusion €199



## Massage

Our Massage Therapists choose to specialise in this field and undergo a continuous programme of training to ensure they have the skill set to meet your needs. For more severe on-going aches and pains we recommend a Prescriptive Sports Massage treatment. This is a special form of deep tissue massage. It helps the body achieve optimal condition via the removal of underlying scar tissues and adhesions thereby promoting enhanced flexibility.

Swedish Back Massage (25 mins)	€45
Swedish Full Body Massage (25/55 mins)	€80
Deep Tissue Massage (25/55 mins)	€85
Prescriptive Sports Massage (25/55 mins)	€90
Traditional Full Body Hot Stone Massage (1 hour 30 mins)	€120
Aromatherapy Massage (25/55 mins)	€85
Reflexology (25/55 mins)	€99
Maternity Massage (25 mins)	€45
Maternity Massage (25/55 mins)	€80
Indian Head Massage (40 mins)	€55
Thai Foot Massage (25 mins)	€40
Ear Candling with	€55
Head & Face Massage (40 mins)	

## Spa Packages

Treat yourself...you're worth it!

### Lazy Daze

€89

Body Brushing, Chakra Foot Massage, Warm Coconut Oil Back of Body Massage and Scalp Massage.

### Dermalogica Express Package

€99

Dermalogica Facial, Pressure Point Head Massage and Intense Foot Massage.

### Jule Restore Ritual

€99

Coconut Foot Soak, Hot Towel Compress, Back Massage, Indian Head and Hand & Foot Massage.

### Jule Relax and Renew

€119

Coconut Foot Soak, Dermalogica Facial, Back Massage, Indian Head and Hand & Foot Massage.

### Jule Harmony Ritual

€119

Coconut Foot Soak, Hot Towel Compress, Hot Stone Back Massage, Indian Head and Hand & Foot Massage.

### Aroma Bath

Details on website

### Jule Serenity Ritual

€145

Coconut Foot Soak, Hot Towel Compress, Hot Stone Full Body Massage, Indian Head and Hand & Foot Massage.

### Just For Him

€145

Swedish Full Body Massage, Indian Head and Dermalogica Facial.

### Dermalogica Midi Package

€160

Dermalogica Express Facial, Swedish Full Body and Hand & Foot Massage.

### Mum To Be

€180

Dermalogica Facial, Maternity Massage and Maternity Pedicure.

### Jule Signature Ritual

€199

Thai Foot Soak, Thai Foot Massage, Yonka Luxury Facial, Hot Stone Full Body and Indian Head Massage.

### Jule Sapphire Package

€225

Thai Foot Soak, Thai Foot Massage, Yonka Luxury Facial, Hot Stone Full Body, Indian Head Massage and Jule Signature Manicure.

€

### Jule Diamond Package

€250

Thai Foot Soak, Thai Foot Massage, Yonka Luxury Facial, Hot Stone Full Body, Indian Head Massage and Jule Signature Manicure & Pedicure.

## Cancellation Policy

Appointments can only be guaranteed if secured with a credit card. We respectfully ask you to give 24 hrs notice for cancellation, the full appointment will be charged if this notice period is not given.

For shorter appointments we may not request credit card detail, however we would still ask that you give us 24 hrs notice of cancellation. Our system records all missed appointment/late cancellations, if this happens on 2 or more occasions we reserve the right to request pre payment for subsequent appointments.

### Hotel and Day Spa Cancellation Policy

Weekend Spa appointments are always confirmed by email or text. If you do not receive confirmation from us please contact the Spa (not hotel reception) directly to ensure your booking has been made. We take a 50% deposit 24hrs in advance of the appointment. We respectfully ask you to give 24 hours notice for cancellations, cancellations must be emailed/texted to the Spa on the same email/text as your booking confirmation. This is your confirmation that no deposit will be taken off your credit or debit card.

**Treat someone you love with a Gift Voucher.**

Vouchers can be purchased online  
[www.julebeauty.ie](http://www.julebeauty.ie) or  
 by calling our Swords Salon 01 895 6500









## SALONS & DAY SPAS

MALAHIDE, CO DUBLIN

APPLEWOOD SWORDS, CO DUBLIN

GRAND CANAL SQUARE, DUBLIN 2

## HOTEL SPAS

PILLO HOTEL ASHBOURNE, CO MEATH

MIDLANDS PARK HOTEL PORTLAOISE, CO LAOIS

FOR BOOKINGS CALL: **0818 222 442**

TO BOOK ONLINE: **[WWW.JULEBEAUTY.IE](http://WWW.JULEBEAUTY.IE)**