

# MIDLANDS PARK

## Spa & Beauty

### **Dermalogica Express Package**

Customised Dermalogica Facial, Pressure Point Head Massage & Intense Foot Massage. 55 minutes

**€112.00**

### **Dermalogica Midi Package**

Dermalogica Express Facial, Hot Towel Back Compress, Swedish Full Body Massage with Hand & Foot Massage. 85 minutes

**€165.00**

### **Diamond Package**

180 minutes

**€285.00**

### **Midlands Park Harmony Ritual**

A ritual enjoyed by both our male and female clients. Coconut Foot Soak, Hot Towel Back Compress, Relaxing Hot Stone Back, Neck & Shoulder Massage with Indian Head Massage and Hand & Foot Massage. Time: 70 minutes

**€135.00**

### **Midlands Park Relax & Renew**

A favourite with all our clients! Coconut Foot Soak, Hot towel Back Compress, Relaxing Back, Neck & Shoulder Massage, Dermalogica Facial with Indian Head Massage, Hand & Foot Massage. 70 minutes

**€135.00**

### **Midlands Park Restore Ritual**

Coconut Foot Soak, Hot towel Back Compress, Relaxing Back, Neck & Shoulder Massage. Indian Head Massage and Hand & Foot Massage.

Treatment Time : 55 mins

**€112.00**

### **Midlands Park Serenity Ritual**

A ritual enjoyed by both our male and female clients. Coconut Foot Soak, Hot Towel Back Compress, Hot Stone Full Body Massage, Indian Head Massage, Hand & Foot Massage. 85 minutes

**€165.00**

### **Midlands Park Signature Ritual**

Thai Foot Soak, Thai Foot Massage, Yonka Luxury Facial, Hot Towel Back Compress, Hot Stone Full Body Massage with Indian Head Massage. 120 minutes

**€226.00**

### **Just For Him**

Tailor made for our male clients this is our most popular choice for 'him'. The package includes a traditional full body Swedish massage, followed by a relaxing Indian Head Massage and culminating in a 'Men's Dermalogica Facial' .....by which time he will no doubt be fast asleep!! 85 minutes

**€165.00**

### **Mum To Be**

A perfect package for an expectant Mum! Hormonal changes can play havoc with the skin so what better than a customised Dermalogica Facial, Maternity Massage Our Mums to Be usually suffer from heavy, aching limbs so this treatment is concluded with a Mum-to-Be Pedi which includes peppermint soak to reduce swelling, gentle foot and leg massage to soothe tired legs and of course the toe paint of choice. 110 minutes

**€205.00**

### **Sapphire Package**

A very luxurious package incorporating restorative massage with hot lava stones, luxury facial and manicure with choice of colour: Thai Foot Soak, Thai Foot Massage, Yonka Luxury Facial, Hot Towel Back Compress, Hot Stone Full Body Massage with Indian Head Massage & Jule Signature Manicure. 2hrs 25mins

**€256.00**